

2017-2018 Annual Report to Donors



OUR SINCERE GRATITUDE AND

As another fiscal year has come to a close, I am once again excited to share with you, our supporters, the information contained in this Annual Report. So many of you have continued to share with us your charitable gifts and for that I am truly grateful. These gifts have been put to good use and I assure you that your hospital is better off because of this generosity.

The end of 2017 marks another successful year for the Chinook Regional Hospital Foundation. Successful based on tremendous donor support and also based on positive impact made to patient care. Our promise all along has been simple; to ensure the best possible patient services and health care programs in our community. Your outstanding support has allowed us to continue fulfilling this promise.

The gifts that have been given over the past year have had tremendous impact in your hospital. From state-of-the-art equipment that enhances delivery of care in the Neonatal Intensive Care Unit to the creation of brand new space for Breast Health and Colposcopy patients. Additionally, with your help, we've continued to push forward with a much needed

redevelopment of our Mental Health space which will help to serve our community for years to come.

Contained in this report is just a snapshot of the activities and results of the past year. There are far more examples of donations hard at work than what is printed here. I encourage you to visit www.crhfoundation.ca for even more information or to stop by the Foundation Office for a visit – our staff would be thrilled to share our stories of success with you. Again, I thank you for choosing to support the Chinook Regional Hospital Foundation. Your gifts have been an investment in the health of your community, your family and you.

Sincerely,

A handwritten signature in black ink, appearing to read 'J. VandenHoek', with a stylized, flowing script.

Jason P. VandenHoek, B, Mgt.
Executive Director

APPRECIATION

On behalf of the Chinook Regional Hospital Foundation, I am pleased to present this Annual Report for 2017-2108 to all of our stakeholders. In this report, you will read about the many initiatives and programs that took place over the past year, which ultimately had a significant impact on the lives of so many members of our community.

Needless to say, these achievements and activities were only made possible by people who believe in the Foundation's mission and support it in many different ways. We are so appreciative of the steadfast financial support from our community, the most generous time commitment from our volunteers and the exceptional care provided by the hospital/clinic staff and physicians. We are also very fortunate to have highly-skilled staff and dedicated Board members who are passionate about the work of the Foundation and strive to develop it responsibly to ensure it will always be there to meet the needs of our community.

This report showcases the results of all of our efforts and contributions, so please acknowledge your important place in the realization of these accomplishments. Your support has made a real difference in all our lives and will continue to do so in the future.

Thank you!

A handwritten signature in black ink, appearing to read 'S P Drblik', written in a cursive style.

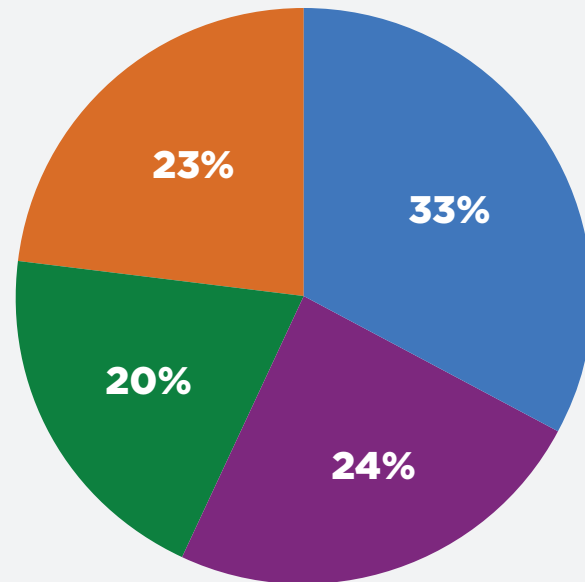
Susan P. Drblik, B.Ed, MA, MBA
Chair, Board of Directors

FINANCIAL SNAPSHOT

REVENUE

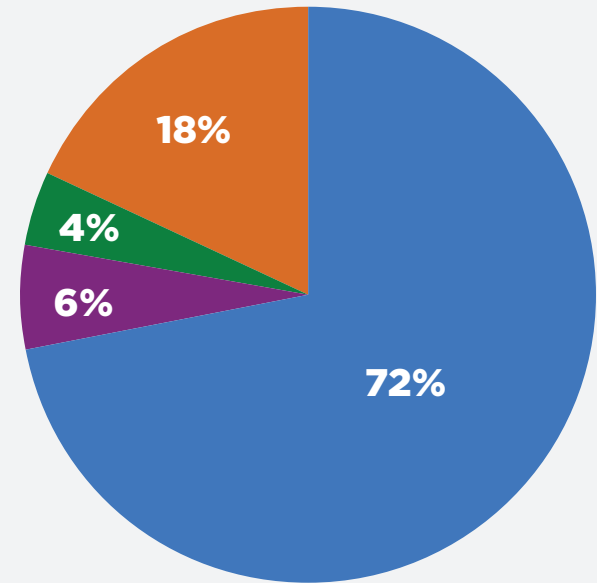
■ Donations	\$563,012	33%
■ Gaming Activities	\$421,655	24%
■ Fundraising Events	\$344,399	20%
■ Investment Income	\$393,236	23%

Total Revenue \$1,722,302



MISSION BASED DISBURSEMENTS & OPERATING EXPENSES

■ Disbursements to Chinook		
Regional Hospital	\$1,651,613	72%
■ Administration	\$143,180	6%
■ Professional Fees	\$99,578	4%
■ Fundraising	\$408,414	18%



PROGRAMS

Foundation Invests in Breast and Cervical Health

By Sherri Gallant

At Chinook Regional Hospital, The Breast and Cervical Health Program has been located together for some time. But when women required colposcopy – a diagnostic test for cervical health – it had to be performed at the Jack Ady Cancer Centre.

It was a stressful process, prompting many to wonder if they might have cancer while they sat among cancer patients waiting for their test. Colposcopy is not always associated with cancer risk, but the environment where the equipment resided did lead some women to have such concerns.

Now, thanks entirely to \$504,000 provided by donors to the Chinook Regional Hospital Foundation, colposcopy equipment has been moved from the Cancer Centre into a renovated space on the hospital's main floor, now home to

the Breast and Cervical Health Program.

"My experience with colposcopy began three years ago, so I know what it's like to have the procedure done in both spaces," said Treena, a patient who asked that her last name not be used.

"At the Cancer Centre it's really busy and as you sit there you see patients who are obviously dealing with cancer and you wonder, 'is this going to be me?' Is there a reason why I have to have this test here? The staff was very reassuring, and told me the test had to be done there because that's just where the equipment was. They were very good, the staff is wonderful, but still; when you walk through the doors and you're in the Cancer Centre ... that's where you are."

The new space, Treena says, is quite different. "It's very private and very personal. You're not waiting as long. The staff has always been very good to me – and it comes down to the staff, as far as I'm concerned. Colposcopy will happen wherever it happens, so the staff is what makes the difference for the most part. However, this new space is a lot better."

Cervical Health is an outpatient service where assessment, diagnosis, treatment and follow-up is provided for women with abnormal pap test

results. The program provides cervical screening for women ages 25 to 69 years who do not have a family physician or who would prefer their pap test to be done by a female physician.

"The Cancer Centre was expanding, and taking colposcopy out of that space was helpful to them as well," says Caroline Martin, Coordinator of the Breast and Cervical Health Program. "Having everything here in this private, expanded space has enabled us to streamline our services and reduce waiting times, as well. The patients tell us they like the new space very much.

"The space we moved from in the Auxiliary Wing, where we had been for 18 years, was bursting at the seams. Patients really didn't have enough privacy and it was inconvenient in many ways, so we're very happy and grateful to the Foundation for funding the renovation."

"The Foundation was so pleased to fund this project," said Jason VandenHoek, executive director of the CRH Foundation. "We know that bringing women's health programs like this together in one space is more comfortable for the patients who are undergoing tests and treatments, and the new area is really attractive – very spacious, modern and comfortable."



Caroline Martin, co-ordinator of the Breast and Cervical Health Program (left) with colposcopy nurse Lindsay McDonald, RN, in one of the program's colposcopy rooms. The instrument at left is a colposcope.

FUNDRAISING EVENTS & CAMPAIGNS



CHRISTMAS TREE FESTIVAL

The 2017 Christmas Tree Festival marked the 25th year of the event and the most successful to date! The Festival took place at ENMAX Centre and over 30 beautifully decorated trees were displayed and auctioned off to the highest bidder during the Gala & Auction. In total more than 3000 people attended the 3 day festival.

TRUCK RAFFLE

Proceeds from the 2017 Truck Raffle were directed to the greatest needs of the Chinook Regional Hospital. The winner of this year's prize truck – a 2017 Nissan Titan, was Cathy Wilson.



NEW EQUIPMENT PROVIDES DAILY IMPACT FOR NEWBORNS

“We are so grateful for this vital piece of equipment that helps our littlest patients stay warm and stable.” Shares Connie Burkart, Director of Women’s & Children’s Health, South Zone, Acute Care West. “We offer a sincere thank you to the donors of the Chinook Regional Hospital Foundation for their generous support.”

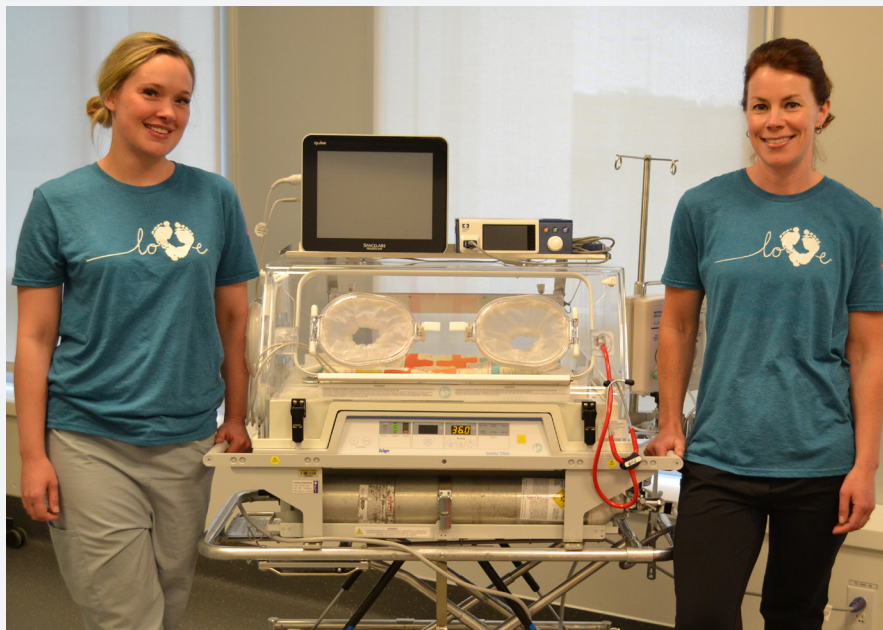
Maintaining a newborns temperature is difficult due to the rate of heat loss when exposed to changes in the ambient air temperature. As they have immature biological systems, they are unable to self-regulate like an adult. The Newborn Transport Isolette is continually utilized and in circulation. On average, it is used by Labor & Delivery staff at the Chinook Regional Hospital 1-4 times per 24 hour day.

This Isolette gives the Labor and Delivery team the ability to mount a cardiac and oxygen level monitor on the device when needed. This

provides a safe way to transport babies who need diagnostic imaging outside the NICU.

“We are able to take this Transport Isolette into any labor room or the labor operating rooms, and immediately place the baby into a stable

environment.” Connie continues, “This Isolette allows us control in terms of temperature, oxygen therapy and monitoring of the newborn while we move them from the labor area to the NICU for any special care they may need. This is so much better for our babies.”



Kristina Gilmore, RN (left) and Beth Puszkur, Clinical Nurse Educator with the Newborn Transport Isolette. This key piece of equipment is present for all deliveries and is utilized on average of 1 – 4 times per day.

COMMITMENT TO LOCAL MENTAL HEALTH TREATMENT

In our lifetime, one in five people will experience a mental illness and as many as 10 per cent of people over the age of 15 will battle a drug or alcohol dependency. The societal impact is in the billions of dollars. The emotional impact on families and individuals is incalculable.

The Chinook Regional Hospital, with the support of the Chinook Regional Hospital Foundation is undergoing an upgrade and renovation to improve the patient experience and care environment for patients who require acute psychiatric care.

The approach to inpatient care has changed and the patient is actively involved in their treatment planning. This allows the patient and patient's family to have a voice in their recovery, enables staff to provide better psychiatric care, and improve patient outcomes in wellness. An appropriate care setting requires a welcoming and engaging environment while protecting the privacy, dignity and health of patients. The treatment environment plays an

important role in the patient care experience and recovery process.

The mental health facilities in our hospital and indeed throughout the entire community are being accessed more than ever before – so this renovation is paramount to the mental health of our community.

To date, the Chinook Regional Hospital Foundation has committed \$800,000 to the project, which is now underway. This first phase included a major renovation to the inpatient unit as well as upgrades that improved sightlines, provided for far more comfortable patient and treatment areas and upgrades that made the entire area safer for patients and staff.

Trevor Inaba, Executive Director, Addiction & Mental Health, is looking forward to the future, “overall, we hope that we achieve an environment that is welcoming for the families of our patients and helps us to dispel the stigma and fear attached to patients who receive treatment in an inpatient environment”.



Like 1 in 5 of her fellow Canadians, local radio personality Erin Lucas knows exactly what it is like to experience mental health issues. She also knows how imperative it is to have access to the right treatment, right here at home.

DONORS CONTINUE TO SUPPORT ONGOING EDUCATION

“Our program doesn’t have a need for large capital equipment purchases.” says Karen Ruggles, Senior Manager for the South Zone Chronic Disease Management. “Truly, our greatest resource lies within the expertise of the clinicians who support and empower people in the self-management of their condition. That is why being able to offer a conference like this is so important. It is vital that we continually learn and hone our skills so that we can continue to be a resource to others within the healthcare system and to be effective in the work that we do.”

For the past three years, the Chinook Regional Hospital Foundation in partnership with Alberta

Health Services has provided funding to the Alberta Healthy Living Program (AHLP), aiding to offset costs of an annual conference. This year’s conference was once again a success with 170 participants. Attendees include staff from AHLP as well as staff from the primary care networks, homecare, allied health, and others across the care continuum. The focus this year was on health coaching, which is a foundational competency clinicians need to support patients in the self-management of their chronic condition or disease. A key takeaway from this year’s conference was to reframe a common question that may be asked of clients, shifting from “what is the matter?” to “what matters to you?”

“Thank you for providing us with the means to make such a day happen. We certainly benefit, as do the clients and families we support.” Continues Karen “To be able to set aside our work for a day and to come together with like-minded clinicians with a focus on self-reflection and learning is such a gift.”

WE HOPE TO SEE YOU THERE ...

Val Matteotti Italian Open – August 8th, 2018

Truck Raffle Draw – September 24th, 2018

Lights of Hope – November 1st – December 31st, 2018

Christmas Tree Festival – November 17th – November 21st, 2018

Care From the Heart Radioathon – February 14th, 2019



The Alberta Healthy Living Program team after another successful conference.

GREAT WAYS TO GIVE

BECOME A MONTHLY DONOR

Monthly payments from your credit card or through post-dated cheques are convenient and save you the time and money it takes to mail in donations. At the end of the year, you'll be surprised by how your contributions and tax credits have added up, while providing a stable and reliable source of funding for the Chinook Regional Hospital. Call 403-388-6001

GIVE THE GIFT OF SECURITIES

Save a significant amount of money at tax time by donating securities, such as publicly traded shares and mutual funds, even if you have a capital loss! Call 403-388-6001

HONOUR A LOVED ONE

A gift made in honour of a family member or friend can be a special and unique way to pay tribute to them or their memory, or to celebrate a milestone occasion such as a birthday or wedding. Caring Heart Tribute Funds can be viewed at www.crhfoundation.ca Call 403-388-6001.

MAKE A BEQUEST OR A PLANNED GIFT

Plan for a future gift either in your will or through another means such as life insurance, an RRSP or RRIF, or trust. Call 403-388-6001.

CONTACT US

Chinook Regional Hospital Foundation

960 19 Street South Lethbridge, AB T1J 1W5

crhfoundation.ca

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403-388-6001



info@crhfoundation.ca



@CRH_Foundation