

Thanks to hundreds of donors like you, people in the communities served by Chinook Regional Hospital receive excellent care in state-of-the-art facilities supported by comforting and healing environments, vital programs and specialized equipment.

Each year you, your family, friends and neighbours use the services of Chinook Regional Hospital over 160,000 times. People come for surgery, emergencies, births, tests, education, support for chronic illness – for all the things we depend on to help us all have the best of health.

Chinook Regional Hospital Foundation's Care From the Heart Day celebrates our community's support of the best of health for everyone, and provides the opportunity for us to support future health needs in our community.

Please join others in the community in making a gift to your hospital this Care From the Heart Day. See inside for how you can participate!

About the Chinook Regional Hospital Foundation

The Chinook Regional Hospital Foundation receives and distributes funds for equipment and programs that will enhance patient services and health programs in our community. This support goes to any area of need in the Chinook Regional Hospital, but specifically toward state-of-the-art healthcare equipment, vital programs and special projects in your hospital.

Our volunteer Board of Directors ensures that all funds are dispersed in keeping with the wishes of our donors. Each Director brings unique experience and expertise to the Board.

Our dedicated and professional staff, led by Executive Director Jason VandenHoek, is experienced in fund development for healthcare in general and in our community in particular.

Together, we commit to ethical practice and sound management of your donations – in order to provide the best possible support for the health of our community.

If you would like more information on how you can make a gift to support the efforts of the Chinook Regional Hospital Foundation, please visit us at www.crhfoundation.ca or call our offices at 403-388-6001.



Great Ways to Give Call us at 403-388-6001 for more information

Become a monthly donor

Automatic payments from your credit card are convenient and save you the time and money it takes to mail in donations. At the end of the year, you'll be surprised by how your contributions and tax credits have added up, while providing a stable and reliable source of funding for the Chinook Regional Hospital.



info@crhfoundation.ca

Contact us

403.388.6001

Give the gift of securities

Save a significant amount of money at tax time by donating securities, such as publicly traded shares and mutual funds, even if you have a capital loss!

Honour a loved one

A gift made in honour of a family member or friend can be a special and unique way to pay tribute to them or their memory, or to celebrate a milestone occasion such as a birthday or wedding. Caring Heart Tribute funds can be viewed at www.crhfoundation.ca.

Make a bequest or a planned gift

Plan for a future gift either in your will or through another means such as life insurance, an RRSP or RRIF, or trust.

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Chinook Regional Hospital Foundation 960 19 Street South, Lethbridge, AB T1J 1W5

www.crhfoundation.ca

Val Matteotti Italian Open Wednesday, August 13th, 2014

2014 Christmas Tree Festival November 17th -19th. 2014

50/50 Payday Lottery – every two weeks

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GIVING MATTERS

2014 Care From the Heart Day

At some point in all of our lives, we know we will need the services of our local hospital. Whether it is a joyous occasion like the birth of a child or a sombre diagnosis, you can be assured that when you need it most, the best of care is waiting The 2013 Care from the Heart Day and Radio-a-thon was a for your family at the Chinook Regional Hospital. This is due in large part to the generous supporters of the Chinook Regional Hospital Foundation.

To ensure that this high level of care remains, the fifth annual Care From the Heart Day and Radio-a-thon will be held on Thursday, February 13th. Once again at the helm of Care From Please join others in the community in making a gift to your the Heart Day is Honorary Chairman, Mr. Robert (Bob) Balog. In fact, because of his continued support of the Chinook Regional Hospital Foundation and many other not-for-profits in Southern Alberta, Bob was awarded the 2013 Lethbridge Citizen of the Year award!

"My family, just like yours, has utilized the services of the Chinook Regional Hospital. We have always experienced the best of care and I want to do all that I can to make sure that continues" says Bob. "To all of you who sent in a donation by mail or called in during last years Radio-a-thon, I was blown away and humbled by your support. I hope you will consider doing the same again this year!"

As with last year, funds raised by the 2014 Care From the Heart Day will be used to purchase state-of-the-art healthcare equipment, support vital programs and fund special projects at the Chinook Regional Hospital.

Special projects include funding enhancements to the Chinook Regional Hospital Redevelopment project. When the project is complete, Southern Albertans will see the opening of a new addition that will house several key departments and also the redevelopment and renovation of the Day Procedures and Emergency Departments. "Through your support of Care From the Heart Day, the Chinook Regional Hospital Chair of Care From the Heart Day.

Foundation will ensure that these newly created and renovated spaces will be equipped with everything they need to effectively and comfortably meet the needs of patients" says Jason VandenHoek, Executive Director of the Chinook Regional Hospital Foundation.

remarkable success. Over \$216,000 was raised with the support of six local radio stations: 94.1 CJOC, CKVN 98.1, Country 95.5, B 93, 107.7 The River and Rock 106. Each station broadcast live from the hospital's atrium and reminded listeners of the outstanding care provided at the Chinook Regional Hospital.

hospital this Care From the Heart Day. Tune into your favourite local radio station on Thursday, February 13th between 7:00 a.m. and 6:00 p.m. and call 403-388-6001, log onto www. crhfoundation.ca or come down to the hospital's atrium to make a gift. For more information contact the Chinook Regional Hospital Foundation Office at 403-388-6001.



Pictured are Bob & Kim Balog. Bob is once again pleased to serve as Honorary



Costco Members in Lethbridge Continue to Care From the Heart

Each year, team members at Costco Wholesale in Lethbridge rally behind the Chinook Regional Hospital and raise funds for Care From the Heart Day. Through Corporate Sponsorship, in store events and generous gifts made by their members at the check outs, Costco has contributed more than \$720,000 to the Chinook Regional Hospital Foundation.

"We simply could not support Care From the Heart Day to the extent that we do without the amazing support of our members" say Darrel Wagner, Marketing Manager of Costco Wholesale in Lethbridge. "With their support we will continue to support the hospital, ensuring it continues to meet the needs of our community for years to come."



Staff and members of Costco Wholesale in Lethbridge once again provided big time support to the 2013 Care From the Heart Campaign. Seen here accepting a donor tile in recognition of Costco's support of Care From the Heart is Darrel Wagner.



New Equipment has Hospital Wide Impact

As technologies advance, so does the way that healthcare professionals do their jobs. Thanks to donations to the Chinook Regional Hospital Foundation, patients admitted into the Chinook Regional Hospital will now be treated in a safer and more efficient manner.

This year, with support from our donors, the Foundation in partnership with Alberta Health Services, purchased Wireless Medication Carts to equip all of the inpatient areas of the Chinook Regional Hospital. The Wireless Medication Cart, also known as the Wimed cart, is intended to be a roaming work station for nursing staff. It gives the nurse the ability to take the necessary items to the bedside to deliver safe and efficient care.

The Wimed carts are each equipped with a computer, which allows the nurse to access intranet, internet and Meditech systems via wireless connectivity, enabling the thus Wimed cart to be completely mobile. It also includes locking drawers which can be labelled and filled with patient-specific medication and there is also space to stack all items necessary for bedside care delivery.

The Wimed carts have been shown to

reduce nurses' steps by approximately 30% in one medication round. This is accomplished by having all patient medication on one secure cart which means not having to return to the nursing station between patients. In addition, nurses are able to prepare medications for the patient immediately and all medication delivery is documented as soon as medications are administered. According to Ryan Thomson, Site Manager of the Chinook Regional Hospital, the Wimed carts are being well received by both staff and patients. "First and foremost, these carts improve upon patient safety. Staff is now equipped at all times with the tools they need to meet the needs of patients. Everybody wins". an excellent example of using donor dollars to enhance care in our tocal hospital. "When we have an opportunity like this to invest in a piece of equipment that we know is going to reduce wait times and prevent people from actually leaving our community to get procedures and treatment, it's a win-win for us. This is possible because of the support of our very generous donors."

Early Breast Cancer Detection, Here at Home

In early November when staff at Chinook Regional Hospital got their first look at the images produced by a new Mammography Biopsy Table, they gasped.

So crisp and detailed were the pictures of breast tissue produced by the X-ray machine they immediately knew it would be a boost for women's health in Southern Alberta. They were pleased, too, that women would have a more comfortable



Bonnie Cote and Jodie Gaskell show off the new Mammography Biopsy Table.

a more comfortable experience than before, since the cold steel and sharp angles of the old table were replaced by soft padding and forgiving edges. Hospital services that will benefit directly from the project include Emergency Services, Day Procedures, Maternal Newborn Services, Cardio-respiratory Services, Pre-operative Assessment Clinic and Day Surgery.

"We are very grateful to the Chinook Regional Hospital Foundation for funding this purchase, because it's going to allow us to see more patients and it will mean women won't have to go to Calgary for a biopsy – they can do it here at home," says Bonnie Cote, Mammography Technologist and Manager of Mammography at the Chinook Regional Hospital. Conne construction is complete, the Chinook Regional Hospital Foundation will ensure these new spaces are equipped with everything they need to be as comfortable as possible for patients. If you would like to make a gift in support of enhancements to this project, please call 403-388-6001.

To use the table, the patient lies face down and the breast drops down through an opening where the radiologist can administer local anaesthetic and secure an image. The table can be raised or lowered to allow the radiologist and technologists to work comfortably. Once areas of interest are identified, they are marked and the computer calculates and transmits co-ordinates to the table, where the radiologist can perform the needle biopsy with great precision. The incision is minute and requires no stitches.

According to Executive Director of the Chinook Regional Hospital Foundation, Jason VandenHoek, this new equipment is

carts shows off one of the Wireless Medication Carts, or Wimed carts, which can now be found throughout the inpatient floors of the Chinook Regional Hospital.

Tatiana Westra, a staff member on 4C,

Chinook Regional Hospital Redevelopment Project

If you have been to the Chinook Regional Hospital lately you were sure to notice the major construction in progress. This work is of course all part of the Chinook Regional Hospital Redevelopment Project.

This \$128 million government funded project is designed to provide improved access to outpatient services, specialized care and emergency services. The project includes a new fivestorey addition of approximately 19,000 square meters and the top two levels will include vacant or roughed in space for future development of inpatient units. In addition to this new space there will be approximately 3,500 square meters of renovations undertaken to parts of the existing hospital.





Give generously Support your community Enhance Comfort Impact health care Create well being

Please join with others in the community and support your hospital this year on Care From the Heart Day.

Thursday, February 13, 2014

There are several ways to give:

Fill out the attached form and return it with your donation in the enclosed envelope

Call 403-388-6001 on Care From the Heart Day (Thursday, February 13th!)

Visit us at www.crhfoundation.ca

Come to the Hospital Atrium on Care From the Heart Day and give in person.

